



Rhein Main Post GR05

Postfach 2837, Moerfelden Walldorf

November 2019

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Commander's Message

Veterans Day on Nov 11th (originally known as Armistice Day) is for honoring all military veterans who have served in the U.S. Armed Forces and were discharged under conditions other than dishonorable. We take this day to Honor all that have served from WWI to the Present. They are not forgotten. Many have suffered wounds whether mentally or physically that may never heal. Next time you see a Veteran, shake their hand and just say "Thanks".

Also, Thanksgiving Day is a holiday that began as a day of giving thanks and

sacrifice for the blessing of the harvest and of the preceding year. Although Thanksgiving has historical roots in religious and cultural traditions, it has long been celebrated as a secular holiday as well. This year as you seat around the table to give thanks, remember those that are unfortunate and the homeless that have no family to celebrate this great day of feasting with. I grew up poor and rarely remembering celebrating this holiday. Let's say a prayer for those that are deployed and can't be home with their love one's. In my military past, Thanksgiving was always



Commander Santos Alvarado

spent abroad and eating in the mess hall's. I was beyond thankful when I was invited to someone's home for a dinner.

Thank you to ALL of you, to include those currently serving, from the bottom of my Heart.

Elected Officers of Post GR05

- Post Commander: Santos Alvarado
- 1st Vice Commander: Quincy Foster
- 2nd Vice Commander: Stacey Krueger
- Adjutant: Bruce Cole
- Chaplain: John Jones
- Sergeant of Arms: Juan Barrenchea
- Judge Advocate: Stacey Krueger



- Executive committee members:
Ron Epps, Ernie Cojoe, Michael Blood,
Dallas Smith, and Walter Becker



Our Missing Man table at October's Meeting

Upcoming Post Meeting

Our next meeting will be held:

2 November at 1400

Location is the Flying Dragon, in Der Trift 5-7, 64546 Walldorf. All Members are asked to arrive at least 30 mins early for social hour, as the meeting starts promptly at 2 pm. The kitchen will not be open till 3:30pm, but its worth the wait!

If you intend to be late or unable to attend, please RSVP your intentions to me by email or by 015114959970. The meeting will also be available by Skype on rheinmaingr05.



Happy Birthday to members in our Legion Family!

October:

Joseph Bresnahan
David Schmidt
Ernie Cojoe
Walter Becker



November:

Timothy Hann
Michael Garney



**Happy Birthday
Walter!**



Looking great Ernie!

October's Meeting Highlights

We had a wonderful turn out on October 12th. Elections were held and the newest members appointed for 2020 are:

- * Commander: Santos Alvardo
- * 1st Vice Commander: Quincy Foster
- * 2nd Vice Commander: Stacey Krueger
- * Adjutant: Bruce Cole
- * Chaplain: John Jones
- * Sgt of Arms: Juan Barrechana
- * Historian: Brandon Krueger



Pictures from our October Meeting



Above, Sergeant of Arms Barrenchea and Commander Alvarado welcome our newest Legion member, Richard Perez.



Above, 1st Vice Commander Foster swears in newly renewed Commander Alvarado.



Left, Members of GR05 participate in October's meeting

Dept of France's 2nd Executive Committee Meeting

On 26 Oct, Four members from Post GR05 attended the Department of France's 2nd Executive Committee Meeting in Heilbronn. Commander Santos Alvarado, Vice Commander Quincy Foster, 2nd Vice Commander Stacey Krueger, and Historian Brandon Krueger as guest. At the meeting, there was discussed topics on finances, reports from the Departments Fall Meeting, and award presentations.





Halloween event hosted by our Post and Der Flying Dragon

GR05 is joining together with Der Flying Dragon Bar in Moerfelden-Walldorf on 31 October to host a Halloween 'Trick or Treat' event for the local children. We will be handing out candy and creating smiles from 1800 till all the sweets are gone! Donations for candy are always welcomed :)

Location: In Der Triff 5-7 in Walldorf. Come by to volunteer and enjoy a night of Spooktacular fun!



Basic Training — Learn about The American Legion!

The American Legion's official training program for officers, members, Legion College applicants and those who simply want to expand their knowledge of the nation's largest veterans service organization is now available online.

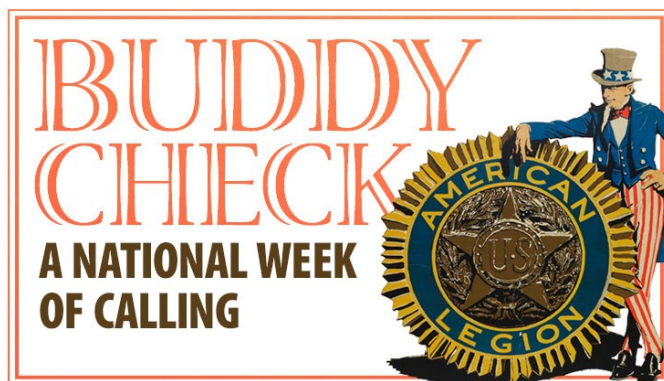
The American Legion Extension Institute has been rewritten, updated, streamlined and enhanced with videos, digital photos, clickable links, a historical timeline and additional features. The program should take less than two hours to complete. It is divided into six sections, with a quiz at the end of each one, followed by a final exam.

Topics included in the Training:

- History & Organization
- Veterans Affairs & Rehabilitation
- National Security
- Americanism
- Children & Youth



[Click above for the online Training](#)



[Click above to learn how to organize a Buddy Check!](#)

As American Legion members, our most sacred responsibility is to look out for each other and our fellow veterans. As a way to reach out to members and former members who may need help, the National Executive Committee passed Resolution 18 during Spring Meetings in May 2019. The resolution calls for Buddy Checks to be conducted Legion-wide on the weeks of The American Legion's birthday, March 15, and **Veterans Day**. The idea is to reconnect with veterans who may need assistance but don't know where to go or who to ask. For expired members, they may have just been waiting for a personal call or visit to renew. These contacts may be made by a personal visit, phone or email, or a combination. The important part is to reach out to veterans in your community to let them know you care and can provide whatever assistance they may need.

[It's what we do for our battle buddies.](#)

Veterans Day Free Meals/Coffee 2019

Here is your guide to all the great Veterans Day free meals & coffee! We thank you for your service. Listed are popular restaurants and other retailers that are giving away free meals, discounts, and other freebies to veterans on (Monday, November 11, 2019).

The ones listed are found over here in Germany; please call the location before just to make sure!

Veterans Day



1. Chili's
2. Dunkin Doughnuts
3. Starbucks
4. Macaroni Grill

Base Commissary & Exchange access coming soon!

Starting **Jan. 1**, Purple Heart recipients, former prisoners of war and all service-connected disabled veterans, regardless of rating, as well as caregivers enrolled in the VA's Comprehensive Assistance for Family Caregivers program, will be able to shop at Defense Commissary Agency stores and military exchanges.

They also will have access to revenue-generating Morale, Recreation and Welfare amenities, such as golf courses, recreation areas, theaters, bowling alleys, campgrounds and lodging facilities that are operated by MWR. Justin Hall, director of the MWR and Re-sale Policy in the Office of the Under Secretary for Personnel and Readiness, said that, after Jan. 1, newly eligible patrons should go to the visitors' center at the base where they plan to do most of their shopping to register their credentials. Thereafter, they will be able to access the base in the same way as CAC and DoD ID card patrons.

The Defense Department is preparing a fact sheet that will contain information on how veterans can get a VHID card if they don't already have one and how caregivers can obtain the memo they need to access the benefit.

-Story by Patricia Kime at <https://www.military.com/daily-news/2019/09/20/millions-more-vets-and-caregivers-are-about-get-commissary-exchange-access.html>

AMERICAN LEGION
DEPARTMENT OF FRANCE

Post Service Officer Training

MARCH 20, 2020
Katterbach, Germany

THE AMERICAN LEGION, DEPARTMENT OF FRANCE IS PRESENTING THEIR POST SERVICE OFFICER TRAINING COURSE.

THIS TRAINING COURSE IS TO PROVIDE GUIDANCE FOR THE PSO TO BE ABLE TO BETTER ASSIST THE VETERAN WITH THEIR VA BENEFIT CLAIM.

INSTRUCTOR

Frank Phillips: Department Service Officer

REGISTRATION:
REGISTRATION IS REQUIRED!
Please send an e mail to the Department Service Officer
Frank.Phillips2@va.gov

UPON COMPLETION OF THIS TRAINING, THE PARTICIPANTS WILL BE ABLE TO TAKE A TEST. ALL PARTICIPANTS THAT PASSED THE TEST WILL RECIEVE A "TRAINED" CERTIFICATE PRESENTED TO THEM AT THE DEC, THE FOLLOWING DAY.

LOCATION
Training Seminar
Welcome Center, BLDG 5515, Room 316, 91522 Katterbach
Dinner, March 20, 2020
Gasthaus Goldener Stern, Ansbacher Str. 3, 91560 Heilsbronn



PROGRAM

0730-0800
CHECK-IN /REGISTRATION

0800-0900
PSO DUTIES / RESPONSIBILITIES
VA POLICIES

0900-1200
SMART CLAIM
BASIC CLAIM - STEP BY STEP

1200-1245
LUNCH BREAK - LEGION HOME

1245-1345
FOREIGN MEDICAL PROGRAM

1345-1500
CLAIM PROCESSING /TIPS

1500-1600
TEST

1830-????
DINNER IN HEILSBRONN
with
DSO, ADZO
DPT COMMANDER

21 March - 0900
DEC - KATTERBACH

BE ON TIME!
We have limited time to complete the training.

Hotel rooms are available at:
www.goldner-stern-heilsbronn.de | www.hotel-windmuehle.de
 SNGL: 47€ /DBL 70€ (7 miles to DEC) | DBL 70€ (9 Miles to DEC)
 15 rooms blocked for us. mention „Frank“ | no rooms blocked for us.

Rhein Main GR05

Please submit any announcements or items for the newsletter to Comrade Krueger, Editor.

Request must be submitted no later than by the 20th of the month for the next edition @
rheinmain05@outlook.com

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64537 Moerfelden-Walldorf

[Click here to go to our Facebook!](#)



Rhein Main Post GR05 received Temporary Charter on Oct. 18, 1972 then received their permanent charter on Apr 6, 1973 in the German State of Hessen. GR05 has contributed various donations to organizations such as Fisher House, CWF, and Legacy Fund. We currently support veterans from around the Rhein Main area and in addition have members in the United States. I

Join our FB page to see upcoming photo's from our Post's Past!

